



## Appalachian Trail Thru—Hiker

By Dick Pritts



John Duncan introduced Jamy Beth Suminski who completed the 2189 miles of the Appalachian Trail in 2015. Jamy indicated that the desire to hike the AT started when she was 11 years old. Her dream was put off as she attended SCC for studies in outdoor leadership. Jamy always cherished working outdoors and worked in the wilderness with children and veterans with PTSD. She sees her future as a big, bright opportunity and is now attending WCU studying recreational therapy.

Early in her hike on the AT she met Sharon and Nate. From them she learned that it is a long grueling hike and there is often a desire to quit so that if that desire came up she was to hold that thought for the next 48 hours. Jamy said that at the end of that 48 hours she was always in a better space by hiking through and seeing things that keep you there. She started her hike on February 10th and the weather was fairly cooperative. Jamy indicated that she kept a “dry pack” with dry socks so that when she needed a lift in spirits she would put on dry socks. She reported that she made six to eight good friends on the trail. Two such friends hiked from time to time about eight hundred miles of the trail with her.



Jamy had an AT name that she used instead of her name. She said she wanted it to be masculine and came up with Eddy Spoudazo. Eddy means calm, safe and Spoudazo in Greek means putting forth diligent efforts. Jamy said family and friends supported her trek and sent care packages and encouraging notes. She saw friends and family along the trail and said she learned what people will do for each other and now has more faith in humanity. Jamy said she does not want being an AT thru hiker to be her identifying factor but she wants to hold it dear but not hang on to it. One thing she said she learned from the hike was that everyone is a lot more durable than you give yourself.

Rotary



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# FLYWHEEL

Weekly Online Newsletter of the Rotary Club of Franklin, N.C.

Online at franklinrotary.com, like us on Facebook or follow us on Twitter

Wednesday 3 Feb, 2016

Chartered 10 November 1927 • District 7670 • Club 6013. Wednesdays at Noon - First Presbyterian Church



## Eagle Scout Awarded

Caleb Watson received his Eagle Scout award in a ceremony with Troop 202 lead by Scoutmaster Charlie Vargas and club scout representative Mike Norris.

## More Perfect Q2 Attendance!

President Sean recognized incoming DG Gary Dills and International Chair Stacy Guffey with perfect attendance on Wednesday! We encourage everyone to make up missed meetings.

## Proposed Satellite Club Update



Patsy Parker introduced Morgan Murray as the chair of the new satellite club. The next meeting will be this Thursday night at Life's bounty. Please pass on to Morgan and/or John Yermack prospective members for this club.

The prospective club held an information event and meeting last month and was well attended.



## Make-up Opportunity with Back Pack Fill at CareNet !

If you need a make-up the next backpack fill will be **Monday February 22nd** at CareNet from 4-6pm. Please see Community Service Chair Cindy Rodgers if you would like to volunteer or Shaina Adkins.

## Interact Update



Larry Hollifield gave an update on the activities of the Interact club at FHS. He announced the groups upcoming Read 2 Me book drive and that there will be a breakfast for the winning class. In March Interact will do the Greenway clean-up project so stay tuned for the date as an opportunity to volunteer and get a make-up. Larry also indicated a desire to start an Interact club at Macon Early College.

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## Shadow Day with students in the Spring and Ethical Business Award Soon!

There will be another shadow day for students to shadow Rotarian Professionals this spring. The first one was a success and we encourage Rotarians to take part. Those who participated from the club were: Cindy Rodgers, Marvin Ramsey, Jeff Gillette and Judy Chapman. Rotary is a service organization focused on our youth and it's a great way for our young people of tomorrow to see first hand our Rotarians at work and potential careers they maybe interested in. We will also be recognizing an ethical business or individual coming soon. If you know of someone or a business that has done something showing high ethical standards See or email

Karen Kenney or Rich Peoples.



## More B.R.E.W. Fellowship Members Recognized!

PE Lenny Jordan recognized more members of the newly formed B.R.E.W. Fellowship club of WNC February 3rd: (lifetime) Tom James and Fred Lindstrom. Additional annual members of the B.R.E.W. Fellowship received a membership pin as well: John Barbee, Tammie Farrell, and Susie Ledford. Meeting soon...see PE Lenny if you would like to join.



## Rotakids at Work!

Members of the RotaKids Club at MVI starting working on their food drive project as well as making pet beds and selling valentine-ograms for this month. Great work kids!!...future Rotarians of tomorrow!



## Rotary Birthday Celebration Planned!



The Rotary Club of Franklin and Franklin Daybreak has planned a birthday celebration event for Rotary to be held Tuesday Evening February 23rd at Life's Bounty Event Room on Main St. All are encouraged to attend and celebrate our wonderful International Organization. Will start about 530p with fellowship and will also be showing the CART Movie originally scheduled for March 4th. Come for some food and fellowship and fun! It's also a great way to makeup. See you there...more details to come!



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## District Conference

President Sean is encouraging everyone to attend the District Conference to be held at the Meadowview Conference and Registration Center in Kingsport, TN on June 10th thru 12th so please mark these dates on your calendar. The conference cost is \$190 and the room rate is \$125 per night. Registration deadline is May 19th. Further information on the conference will be forthcoming. **You can register on DacDb Now!**

## Assistant Governors for 16-17 Getting Trained!

7670 DGE Gary Dills conducted the 2016-17 Assistant Governor training session Saturday in Asheville. Sean Gibson was among those in attendance along with current AG John Yermack from our club. Gibson will serve as Area 1 AG next year (Franklin, Daybreak, Clay and Murphy)



## Catering Selection

PE Lenny Jordan presented the ballot to the members on the selection of the cater for our future lunches this year. The members were instructed to pick 2 from the 4 that prepared a sample of their meals over the last couple of months. The selected two caterers will alternate monthly so the club will get a variety of upgraded selections. The results will be announced at an upcoming meeting.



## Clayton's Corner Notable Football Quotes



- "They cut us up like boarding house pie, and that's real small pieces."  
Darrell Royal / Texas
- "Son, you've got a good engine, but your hands aren't on the steering wheel."  
Bobby Bowden / Florida State
- "Football is NOT a contact sport, it is a collision sport. Dancing IS a contact sport."  
Duffy Daugherty / Michigan State
- "We didn't tackle well today, but we made up for it by not blocking."  
John McKay



## Rotarians Birthdays:

Marvin Ramsey—Feb 9

## Rotarian Anniversaries:

Nancie Wilson—18 Years

Rotary Service 2/ 10



Prayer/Pledge: Tom Coley

Greeter: Fred Drexler

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## The Rotary Club of Franklin Officers and Board Members 2015-16

District Governor: Billi Black

Assistant District Governor: Ken Nicholson

President: Sean Gibson

President-elect: Lenny Jordan

President-nominee: Judy Chapman

Secretary: Patsy Parker

Treasurer: John Barbee

Vocational Service: Karen Kenney

Community Service: Cindy Rodgers

Youth Service: Amy Manshack-Chair/Larry Hollifield-Co-Chair

International Service: Stacy Guffey

Foundation Chair: Jim Garner

Membership Chair: Linda Harbuck

Program Chair: Vic Perry

Public Image Chair: Debbie Tallent ...Flywheel Editor: Dick Pritts

Sgt. At Arms: Jacob Reiche

Immediate Past President: Susie Ledford

*Thanks for all you do in service!*

## Upcoming Events



Feb 10—Youth Protection

Feb 11—Board Meeting Lazy Hiker

Feb 17—Springtime of Hope

Feb 23—Rotary Bday Event Life's Bounty 530p

Feb 22—Backpack Fill CareNet 4-6p

Feb 24— State of the Town

## 50/50 Drawing

1 Ticket —\$1.00

3 Tickets —\$2.00

5 Tickets —\$3.00

10 Tickets—\$5.00

25 Tickets—\$10.00



### 50 50 Drawing



John Barbee did not win the \$85 pot. There are 8 cards left..buy your ticket for a chance to win!

**Next Meeting Wednesday  
February 10th—Youth Protection...See  
You 12 Noon  
Tartan Hall**

Rotary  
Club Of Franklin

