



THE FLYWHEEL



The Rotary Club of Franklin, North Carolina
Visit us online franklinrotary.com or like us on Facebook

Wednesday 01 October 2014

Chartered 10 November 1927 • District 7670 • Club 6013. Wednesdays at Noon - First Presbyterian Church

Vocation Services of Club Members

Tom Coley introduced the two Club members today who gave us a look a what they do in their particular businesses. First up was Patti Abel who along with her husband Donnie own Abel Wellness in Franklin that specializes in individual and group training. Patti is a graduate of Franklin High School and she teaches Pilates movements. Patti indicated that she started her career in management and accounting so she knows first hand about the everyday stresses on a person's body. She remarked that sitting in a chair all day doing work creates stresses on the body and learned how to overcome them. The chair



working position are poor on ergonomics and cause us to be shadow breathers. She lead us through an exercise on how sitting upright in the chair allows one to breathe deeper and that movement through the body helps exercise the digestive tract and thus helps the digestive process. Patti was an athlete in high school so she's aware of how the body works during extreme exercise and can tailor individualized programs for athletes. She was looking for non-toxic products for her family and ventured in to direct sales and now is an area manager of a holistic direct sales company with over 400 direct sales people on her team. Patti is serving the community as a alderman for the Town of Franklin.



Paul Garner is the general manager of the Smoky Mountain Center for the Performing Arts and also is a graduate of Franklin High School. After high school he attended Full Sail University in Winter Park, Florida where he majored in music business. Paul gave us a brief overlook of what his responsibilities are as the general manager: oversees the booking of performances including doing the research on the quality and attendance of the performers past bookings in similar locales and size venues; he meets with marketing to see that shows are getting the exposure they need to bring in the audiences needed to have a successful event; he also oversees show date logistics including walk thru with the performers road managers as well as the off loading of all of the performers equipment for the show. Paul indicated that he has been working on programs that will make the PAC a better community business. This year Smoky Mountain PAC has instituted a program wherein CareNet is the beneficial of fund raising from some of the show. Also there was a movie shown with funds from it to help the Community Care Clinic. Paul has started working with a teacher from Highlands High School who has a class on sports business so Paul is putting together a program were staff from the PAC will go to the school to involve the students in a hands on program on how a show date is put together and then involve the students during the day of that's show's performance.





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First Quarter Perfect Attendance at Meetings



President Susie presented certificates to the members who have been to every meeting at Tartan Hall during the first quarter. Those recognized were: Janet and Vic Greene, Sean Gibson, Jacob Reiche, John Short and Debbie Tallent. The contest continues during this quarter.

Stop Hunger Now

On Saturday November 1 our club will be joining other community volunteers at the First United Methodist Church on Harrison Avenue to help put together 30,000 meals. These meals will be used worldwide for crisis relief and/or school lunches. The training for assembling the packages will start promptly at 12:45 PM and then the meal packaging will start at 1:00 PM. We need Club members to volunteer for this community service event. Volunteers are asked to wear their Rotary shirt at the event. For more information see President Susie Ledford.



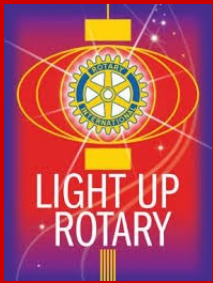
Prayer / Pledge Schedule

- Oct 8- Bill Barr
- Oct 15- Sean Gibson
- Oct 22- Patsy Parker
- Nov 5- Pete Gonzalez
- Nov 12- Fairley Pollock

New Member Inducted

Tommy Jenkins inducted our Club's 6th new member since 7/1, Jim Wilson at today's meeting. Jim's sponsor is Larry Hollifield.





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Member Profile— Fred Alexander

Fred Alexander and his wife Diane, whom he met in the 4th grade in Savannah, have been here since 1980. They came from LA because Nantahala Power & Light hired him as communications manager. They found Franklin a great place to rear 3 kids, now a Raleigh civil engineering manager; Laurel Park town manager; and an MD in Charlottesville, VA.



A Rotarian since 1984, he was club president 1987-88. His board introduced saying the Four-Way Test at meetings; new member orientation; computerized club records; the first effort away from night meetings to attract younger members; and disengagement from the Slagle Memorial Building to focus on broader Rotary areas of service.

He retired as Duke Energy district manager in 2013. Now he volunteers as $\frac{1}{2}$ time director of discipleship training at First Alliance Church and is also an elder and Sunday School teacher. A USFS volunteer at the Dirty John Range, he collects trash and replaces the target mesh weekly. With the local aviation historical society, he helps with programs and publicity.

Fred has served as president or chairman of WestCare Medical System, Smoky Mountain Mental Health, WNC Communities, Smoky Mountain Hosts, Franklin Area Chamber of Commerce, Little TN Watershed Association, Smoky Mountain Rifle & Pistol Club, and the Friends of the Library.

A Marine major, he served 4 years active duty including Vietnam and another 18 in the reserves. A UGA advertising major, he headed marketing or communications offices for USC and West Coast U in LA and Columbia Bible College in SC. He wrote a weekly Franklin Press aviation history column for 23 years.



4 Way Test Starts soon!

Our first 4 Way Test at Macon Middle will be Friday October 3rd. Volunteers are to be at the school no later than 8:00 AM. **We are in need of volunteers.** Please come and help make the difference in a young person's life. See club chair Amy Manshack if you would like to participate. Training for new participants in the program will be at 5:00 PM this Thursday at Amy's State Farm office on Georgia Road. Upcoming dates for 4 Way Test are: 10/11, 10/17, 10/31 and 11/14. We will have volunteers for all of these dates so check your calendar and see what dates you can volunteer.



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October is Vocational Services Month

Rotary was first started as a Club based on vocations. This continues today. This month is a great time to celebrate, explore, understand the vocations of Club members, and to explore the possibilities of membership from other vocational groups in our community.

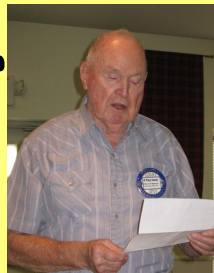
Vocational Service adds value to all areas of Rotary Service by supporting the projects and work of the other service committees. It does this by identifying ways in which the knowledge, skills and experience of Rotarians can be used to improve the outcomes of service projects.

Rickman Program Update

Sandy Frazier reported that we are trying to collect the last \$1000 +/- on ads placed in the Rickman Scholarship Fundraiser program so we can finalize the accounting on that program. Rotarians who placed an ad and who have not yet made their payment are being encouraged to make their payment as soon as possible.



Clayton's Corner Laughs



My mother taught me about ENVY.

"There are millions of less fortunate children in this world who don't have wonderful parents like you do."

My mother taught me about RECEIVING.

"You are going to get it from your father when he gets home!"

My mother taught me MEDICALSCIENCE.

"If you don't stop crossing your eyes, they are going to get stuck that way."

My mother taught me ESP.

"Put your sweater on; don't you think I know when you are cold?"



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The Rotary Club of Franklin Officers and Board Members 2014-15

District Governor: Gary Bray

Assistant District Governor: Jodie Cook

President: Susie Ledford

President-elect: Sean Gibson

President-nominee: Lenny Jordan

Secretary: Patsy Parker

Treasurer: Fairley Pollock

Vocational Service: Lenny Jordan

Community Service: Judy Chapman and Patti Abel

Youth Service: Larry Hollifield

International Service: Stacy Guffey and Sandy Frazier

Foundations Chair: Jim Garner

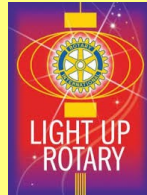
Membership Chair: Tommy and Robin Jenkins

Program Chair: Vic Perry

Public Image Chair: Debbie Tallent ...Flywheel Editor: Dick Pritts and Sean Gibson

Sgt. At Arms: Dennis Sanders, Sandy Frazier, Cindy Rodgers and Jim Garner

Immediate Past President: Nancie Wilson



Upcoming Events

8 Oct- Barry Clinton on
Cowee Community Center

11 Oct- 4 Way Test at
MMS

14 Oct- Board Meeting at Life's Bounty 500p
fellowship/530p start

15 Oct- Friendship Exchange

17 Oct- 4 Way Test at MMS

22 Oct- Vocational Program

29 Oct- Fifth Wednesday Social at El Charro

31 Oct- 4 Way Test at MMS



50 50 Drawing!

No winner on October
1st as Sandy Frazier
does not draw the win-
ning card. The \$103
pot rolls over with 8
cards in the deck.



1 Ticket —\$1.00

3 Tickets —\$2.00

5 Tickets —\$3.00

10 Tickets—\$5.00

25 Tickets—\$10.00

**Next Meeting 10/8—Cowee Community Center. See
you at 12 noon at Tartan Hall!**