

Senior Citizens Center offers Services

By Lee Berger

Housed inside the Senior Citizens Center/aka, the Crawford Building/aka the old library, is an amazing array of services and programs primarily for the seniors of Macon County. Our program guests were the new administrative officer, Don Capaforte and our speaker, Karen Clark Wisman, who wears numerous titles: Options Counselor, Seniors Health Insurance Information Coordinator and manager of the STARR, Project Lifesaver and Senior Protection Programs.

Karen chose to focus on the services of the Senior Citizens Center, which is officially a part of the Department of Social Services of the state of NC. She began by noting that the Center has earned the Center of Excellence award because of the services offered.

The STARR program is the Search, Track, Assist, Respond, Rescue program. This program utilizes a \$529 tracker which can be worn as a bracelet, much like a hospital ID bracelet. While designed with an elderly person with memory issues who is prone to wander, the program is "not age-specific" and could be used for anyone of any age with cognitive issues.

The tracker is interfaced with emergency services and, at no cost to the family, involves the caregiver, EMS, the police/sheriff's department and is not dependent on GPS. Information about the individual wearing the tracker is updated monthly and can be quickly shared among the agencies involved in finding an individual who has wondered off. Right now this Lifesaver program fluctuates with anywhere from 15-20 persons wearing trackers.

A second program is a daily phone call by a real person, not a robocall, to shut-ins. There is a protocol in place if there is no answer utilizing a "welfare check" by a deputy. This program can use more volunteers and can give peace of mind to family who cannot live near shut-in family member.

Probably the best-known program is SHIIP or Senior Health Insurance Information Program. Eight trained volunteers work to help navigate Medicare questions and programs. Karen noted that last year our Center saved over \$1million in Macon County thru these volunteers and their assistance in navigating the insurance maze.

Karen closed her comments by mentioning the Home Care Assistance program, a caregiver list that is maintained at the Center, and by inviting us Rotarians to come and tour the facility in order to make ourselves aware of the programs and services offered.





Weekly Online Newsletter of The Rotary Club of Franklin, N.C.

Online at franklinrotary.com Like us on Facebook and Follow us on Twitter

Wednesday November 1, 2017

Chartered 10 November 1927 District 7670 Club 6013 Meet Wednesdays at Noon-First Presbyterian Church

Ashlie's Announcements

Nov. 4—Foundation Banquet: Renaissance Hotel, Asheville, NC. The cost is \$55 per person. SAFARI THEME COSTUMES

Nov. 4—Rise Against Hunger 12:30pm—We would like to have 2 tables present

Nov. 4—The service for Theresa Siler, wife of Rotarian Robert (Bud) Siler at 2pm at St. Agnes Episcopal Church. Visitation will be at Macon Funeral Home on Friday, November 3rd from 6-8pm.

Nov. 13—Board meeting at Lazy Hiker

Nov. 18—Satellite Club "Combined Clubs" Greenway Clean-up

Nov. 30—Rotary Club of Franklin's Holiday Party—\$25 for Rotarians \$35 for guests

NOVEMBER—RLI Training—IN HENDERSONVILLE (the closest it's ever been) Funding available for Interested Individuals

General Announcements

- Look for your program assignment date for upcoming programs
- Sign up for Christmas Dinner at Mill Creek on Thursday November 30th—Rotarians' cost is \$25; guests are \$35
- If you wish to contribute to efforts in Puerto Rico you can donate through Rotary Foundation
- Veteran's Day program on Saturday, November 11 will include parade, a musical program and the unveiling of the Charters of Freedom at the Courthouse

1st Posting for Lin Tibbetts

2nd Posting for Matt Hauer

Volunteer Opportunities

It's Time to Pack Those Backpacks!!!

Franklin Rotary will pack backpacks for CareNET the last Monday of every month from 4-6pm. That would mean we are scheduled for the following dates:

-Monday, November 27th

-Monday, December 18th **the last Monday of Dec. is the 25th so we will schedule Dec. for the 18th

4 Way Test

Whoever is leading the Four Way Test Program will do a brief introduction, talk to the kids about Rotary and then we go around the room and individually stand up and introduce ourselves. After that, we participate in a small ice breaker with our individual tables.

Once complete, we break into the meat of the program. Each table has a brown bag that has approximately 10 different scenarios in it. Each kid takes a turn pulling a scenario out of the bag and then as a table we discuss what actions should be taken in the situation and how to best apply the Four Way Test in our decision making. Two representatives from each table present their scenario and then the leader of the program thanks everyone for their participation and we close by presenting each student with a Four Way Test Coin!

*Need 10-12 Volunteers per Day

-November 17th



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Fred's Funnies

Lexophile

"Lexophile" is a word used to describe those that have a love for words, such as "you can tune a piano, but you can't tuna fish", or "to write with a broken pencil is pointless."

.. When fish are in schools, they sometimes take debate.

.. A thief who stole a calendar got twelve months.

.. When the smog lifts in Los Angeles U.C.L.A.

.. The batteries were given out free of charge.

.. A dentist and a manicurist married. They fought tooth and nail.

.. A will is a dead giveaway.

... With her marriage, she got a new name and a dress.





.. A boiled egg is hard to beat.

.. When you've seen one shopping center you've seen a mall.

.. Did you hear about the fellow whose entire left side was cut off? He's all right now.

... A bicycle can't stand alone; it's just two tired.

.. The guy who fell onto an upholstery machine is now fully recovered.

... He had a photographic memory which was never developed.

.. When she saw her first strands of grey hair she thought she'd dye.

.. Acupuncture is a jab well done. That's the point of it.







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District Governor: Bill Biddle Assistant District Governor: Sean Gibson President: Judy Chapman President-elect: Janet Greene President-nominee: Rich Peoples Secretary: Patsy Parker Treasurer: Jim Garner Vocational Service: Rich Peoples Community Service: Patrick Betancourt Youth Service: Larry Hollifield International Service: Stacy Guffey /Susie Ledford Foundation Chair: Mike Norris/Vic Perry Membership Chair: Amy Manshack Program Chair: Debbie Tallent Public Image Chair: Paul Garner Flywheel Editor: Ashlie Mitchell Sgt. At Arms: Tom James/Kyle Ledford Immediate Past President: Lenny Jordan Thanks for all you do in service!

Upcoming Events



Nov 4—Foundation Banquet

Nov. 4—Rise Against Hunger 12:30pm

Nov. 13—Board Meeting

Nov. 18—Satellite Club "Combined Clubs" Greenway Clean-up

Nov. 30—Holiday Party

NOVEMBER—RLI Training—IN Hendersonville: Funding available for Interested Individuals

50 50 Drawing

1 Ticket —\$1.00 3 Tickets —\$2.00 5 Tickets —\$3.00 10 Tickets —\$5.00 25 Tickets —\$10.00



No One Won 50/50—Maybe Next Week!