



MACON CANCER CENTER CANCER IN THE 21ST CENTURY

By John Short



Lee Berger introduced Dr. Charles Thomas, radiologist at Macon Cancer Center, as today's speaker. Dr. Thomas is Board Certified in Radiation Oncology and Diagnostic Radiology by the American Board of Radiology. He serves on the Board of Haywood Regional Medical Center and previously served on the board of the American Cancer Society both at local and state levels.

Dr. Thomas says cancer affects 1 in 3 individuals. But what is cancer and what makes something a cancer. First, a growth that is locally invasive and destructive and second, when parts of cells break off and travel to and invade other areas. Treatment of cancer includes surgery, chemo/hormonal, systemic and radiation.

Cancer treatment plans are developed for each individual because overall health, medical history, even work and family responsibilities make each case unique.

Radiation therapy, which is one form of treatment, uses special equipment to aim high doses of radiation at cancer cells. This damages the cancer cells and causes them to die.

There are two basic types of radiation therapy, External Beam Radiation Therapy (EBRT) and Brachytherapy. EBRT uses highly sophisticated systems to irradiate tumors from outside the body. There are different technologies options available depending on the type of cancer being treated. Brachytherapy is a powerful form of radiation therapy which utilizes radioactive sources that are placed into or near the regions of the body to be treated. It is used most commonly in skin cancer, prostate, cervix and breast cancers. Brachytherapy uses high dose rate or low dose rate to deliver treatment. The difference is the rate at which the radiation is delivered.

It's good to know we have such excellent and high quality technologies right here in Macon County. Dr. Thomas stressed the importance of using our local medical facilities which will ensure we continue to have these excellent services available to us in the future.





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Rotary 7670

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Weekly Online Newsletter of The Rotary Club of Franklin, N.C.

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Wednesday 15 February, 2017

Chartered 10 November 1927 • District 7670 • Club 6013. Wednesdays at Noon - First Presbyterian Church

Rotarian Travelers Visit the ABC Islands

Rotarians from the Rotary Club of Franklin recently traveled to the ABC Islands (Aruba, Bonaire, Curacao) located just off the coast of Venezuela. A number of family and friends went along for this adventure to the southern Caribbean. In addition, a number of Rotarians from Highlands, NC and the Sarasota, Florida area joined the group for a week of warm, sunny weather.

The "Rotarian Travelers" have a number of future trips planned that includes a river cruise in France that will visit Paris and the Normandy beaches. Also, two 2018 cruises are planned that will visit the Mexican Riviera and Alaska.

If you are interested in joining the Franklin Traveling Rotarians please contact PDG Dennis Sanders at dsanders146@frontier.com or 828-371-2721



More CART Giving!

Congrats to Everette and Elbie Stiles, Debbie Tallent, PE Judy Chapman and Tommy and Robin Jenkins. Each has reached the \$100 contribution level in givings to CART! Great Job!

Stop Hunger!

The board approved \$500 to be allocated to the Sylva joint Stop Hunger Project. The project will take place Saturday March 11th at First Methodist in Sylva. If you would like to volunteer see President Lenny!

Next backpacks fill will be Monday 2/27 at CareNet. A great way to makeup! Sign up with Patrick Betancourt now!

Foundation Contributions

Mike Norris-foundation chair recently stressed the importance of making your foundation contributions. He gave the club an update on where it was so far for the year and that you have an opportunity to make it very easy through Rotary Direct. See Mike and he'll get you started!!



Rotary Service

2/22/17

Greeter: TBA

Prayer/Pledge: Ivy Burstein





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Notes from The Top

The Power of One! Today each of us attending was asked to complete a volunteer assessment. Wow, it is both inspiring and humbling to realize how much an individual can do. The Power of One! Each of you who gives of your time without expectation of reward or recognition is on an individual basis making the world a better place for all of us. Rotary often asks for our money and our service, but to me, without SERVICE, our money would mean far less.

For me, Rotary is about Service Above Self! It is when each of us as individuals decides to pitch in, sometimes by ourselves and other times as a group, but the act of volunteering and the many forms that takes is gratifying. Many of you volunteer for many different things outside of Rotary, at your church, or school, or just helping someone in need, that speaks volumes about your character and how you choose to be a part of humanity.

I know it is difficult juggling work, kids, outside commitments, but the fact that so many of you give so much should inspire all of us to consider doing more when we can!

Thank you for participating in our survey and taking Service Above Self to heart.
Lenny

Evening Club Meets Tuesday!

The RC of Franklin Evening satellite Club is now meeting on **Tuesday's 630p at Lazy Hiker.** Tell a friend about the club. Just another option to serve as a Rotarian!



AG Sean Needs Flywheel Editor!

If you are interested in publishing the newsletter each week please see AG Sean. He would like to let someone else do it. Doesn't take more than an hour and a half each week. See Sean or Stephanie Smith!



April is Child and Maternal Health Month
At least 7 million children under the age of five die each year due to malnutrition, poor health care, and inadequate sanitation. To help reduce this rate, Rotary International...
Sean's Stuff
Thank you for a great treatise on Wednesday...
Thoughts and Prayers Needed
Rotarians please keep Hoy Massey and his family in your thoughts and prayers. Hoy lost his son Steve on Thursday. Hoy, we are thinking of you.



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District Conference April 28th-30th!!



Nows the time to make plans for the upcoming District Conference in Hickory. There will be a free youth conference on Friday with

the regular conference Saturday and breakfast Sunday. Earn a PHF for registering the highest percentage of Rotarians in your club category size for the Young Leaders and District Conference in Hickory April 28-30, 2017!! **Register now on DacDb for the conferences!!!District only \$145**

* Fred's Funnies

From the Catskills.....



- I just got back from a pleasure trip. I took my mother-in-law to the airport.
- I've been in love with the same woman for 49 years! If my wife ever finds out, she'll kill me!
- Someone stole all my credit cards but I won't be reporting it. The thief spends less than my wife did.
- We always hold hands. If I let go, she shops.



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The Rotary Club of Franklin Officers and Board Members 2016-17

District Governor: Gary Dills

Assistant District Governor: Sean Gibson

President: Lenny Jordan

President-elect: Judy Chapman

President-nominee: Janet Greene

Secretary: Patsy Parker/Debbie Tallant

Treasurer: Jim Garner

Vocational Service: Karen Kenney/Rich Peoples

Community Service: Patrick Betancourt/Jim Wilson

Youth Service: Larry Hollifield/Belinda Petricek

International Service: Stacy Guffey /Susie Ledford

Foundation Chair: Mike Norris/Vic Perry

Membership Chair: Amy Manshack/Paul Garner

Program Chair: Janet Greene/Vic Greene

Public Image Chair: Debbie Tallent/Bill Baker

Flywheel Editor: Barbara Lawrence/Dennis Sanders/Lee Berger

Sgt. At Arms: John Hubsch/Sam Blasingame/Mike Watson

Immediate Past President: Sean Gibson

Thanks for all you do in service!

Upcoming Events



Feb 22-Barbara McCrae

Mar 1-Joe Allen with Guardian Ad Litem

Mar 8-TBA

Mar 11-Stop Hunger Sylva

50 50 Drawing

1 Ticket —\$1.00

3 Tickets —\$2.00

5 Tickets —\$3.00

10 Tickets—\$5.00

25 Tickets—\$10.00



Next Meeting 2/22

Barbara McCrae.. See you 12 noon Tartan Hall

AG Sean did not win the pot valued over \$100 that rolls over to 2/22

