



# FLYWHEEL

Weekly Online Newsletter of the Rotary Club of Franklin, N.C.

Online at [franklinrotary.com](http://franklinrotary.com), like us on Facebook or follow us on Twitter

DOUBLE ISSUE Wednesday 18-25 Nov, 2015

Chartered 10 November 1927 • District 7670 • Club 6013. Wednesdays at Noon - First Presbyterian Church

## ROTARIAN'S HELP WITH FIRST ANNUAL GLEANING

Janet Green updated the club on the gleaning project which Franklin Rotary participated in the first part of October. Gleaning is the act of collecting leftover crops from fields after they have been harvested. This practice dates back to biblical times. Today, gleaning is practiced by groups who distribute the gleaned food to needy families. Students from Franklin High School along with Rotarian's gleaned more than a ton of produce which was donated to CareNet for distribution to needy families. Along with the ton of produce gleaned Mitchell Farms donated over a ton. This brought the total pounds of produce donated to CareNet to over 2 tons.



Janet pointed out that food waste is a big problem with 263 million pounds of food thrown away each day. This doesn't count field crops going to waste. In our country alone 40 million people struggle with a lack of food. Half of these are children and many elderly. 48 million people live in households where insufficient food is available.

Our country produces enough food to feed everyone but hunger exists because we tolerate it. Food is thrown out because it doesn't meet certain standards. It's color, shape or size doesn't meet specifications.

As individuals we waste a lot of food. To reduce waste in our own homes we can freeze foods and cook as needed, eat leftovers instead of throwing them out. Also look at outdated foods closely, expiration dates don't always

mean the food item is bad.

Becky Williamson, with Farm Service Agency, has been trying to get this program started in Macon County for several years and hopes this will be the start of a yearly partnership with Rotary.

Shaina Adkins, Director of CareNet, also thanked the club and mentioned that many families benefited from this project.

Gary Dills and Gary Shields commended the high school students who helped and were impressed with their enthusiasm, hard work and willingness to give back to the community.





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## Let's Welcome Janice!

Membership chair Linda Harbuck inducted Janice Edgerton as our latest new member. Janice is sponsored by past president Nancie Wilson. She is the Executive Director of Region A Partnership for Children, which serves the seven western counties of North Carolina.



## Community Thanksgiving Dinner

The annual Thanksgiving Day Dinner will be held at the Presbyterian Church in Tartan Hall. This annual event for the community has been a tradition for over 25 years. Everybody is welcome and last year over 390 people were served. Please plan to attend at 12 noon.

## Christmas Party Dec. 8th!

Our Christmas Party this year will be on Tuesday, December 8th at the Post and Beam at Mill Creek. Please sign up for this great year end social event. Dinner cost is \$25 per Rotarian; \$50 per Rotarian couple; \$35 for additional guest. There will be an ugly Christmas sweater contest with a great prize for the winner. See Patsy if you would like to attend!



## Community Christmas Parade

Sean announced that our club will be marching in the Franklin Christmas Parade on Sunday, Nov 29th at 3:00 PM. We will be marching besides DG Billi Black's car that is decked out with the Rotary District 7670 logo. Membership Chair Linda Harbuck announced that there will be a ugly Christmas sweated r contest for the participants of the parade. It will be a good time for members to do a "dress rehearsal" with the ugly sweater contest before our Rotary Christmas Party! Line-up for the parade will be behind the Baptist Church so try to be there by 2:45 PM.

## Member Profile—Mike Norris

Mike Norris is a native of Asheville and a graduate of Hendersonville High School and Furman University.

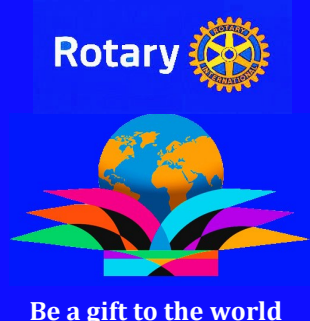
His career began with The Travelers Insurance Company in 1980 in Charlotte. He joined First Security Company in Hickory in 1986, moved to Franklin in 1993, and has concentrated in employee benefits with The Wayah Agency since 1998.

Mike holds the CIC and CLTC designations. He is twice a past president of the Western North Carolina chapter of the National Association of Health Underwriters. He is also a member of the National Association of Insurance and Financial Advisors.

He is married to Dr. Leslie Norris, DNP, who works with Western Carolina Digestive Consultants. They have three married children, Russell, Graham, and Rebecca, and one grandchild with one more on the way.

Mike is a past president of the Rotary Club of Franklin, a Paul Harris Fellow and a past master of Junaluskee Masonic Lodge.





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## Student Of the Month

Gary Shields introduced Alyssa Childers as the student of the month. Alyssa, the daughter of Michael and Corie Childers, is a third year student at Macon Early College. She has been an active student within her school taking on leadership roles such as year-book editor and school historian of the student council. Within her 3 years at MEC she has shown immense amounts of school spirit and dedication towards her school. Alyssa has been the school's source of videography and photography and has produced two videos that played during the graduation ceremonies, multiple year-end videos, shown to and admired by the student body and has consistently photographed the schools numerous events. In the next year she plans to apply to the Savannah College of Arts and Design and continue her education studying advertising and film.



## Franklin Rotary Biggest Loser Contest

Weight loss contest started to see who can loose the largest percentage of weight by St Patrick's day. Next weigh-in is next Wednesday. Weight loss update to date:

Picklemeister	3#	1.30%
Spud	1#	0.37%
Dr Rx	8#	3.90%
Virtualizer	0#	0.00%
Hey You	6#	2.14%
Big Papa	1#	0.36%

Rotary Service 12/ 2

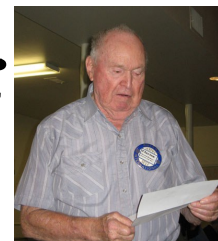
Prayer/Pledge: Robin Jenkins

Greeter: Tammie Farrell



## Clayton's Corner

### Did You Know



- People who laugh a lot are healthier than those who don't.
- Laziness and inactivity kills just as many people as smoking.
- A human brain has a capacity to store 5 times as much information as Wikipedia.
- Our brain uses the same amount of power as a 10-watt light bulb!!
- Our body gives enough heat in 30 mins. To boil 1.5 litres of water!!

## Rotarians Birthdays

Sean Gibson—Nov 26

Amy Manshack—Nov 20

Vic Perry—Nov 20



## Rotarian Anniversaries:

John Hubsch—1 year

Judy Chapman—4 years

Gary Dills—9 years

Tom James—21 years

## Rotarian Wedding Aniversaries

Fred and Marcia Lindstrom—Nov 28

Chris and Donna Baldwin—Nov 29





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## 4 Way Test Tomorrow! Please Sign Up



Amy Manshack reported that we were about ten volunteers short for Friday's 4—Way Test program at Macon Middle School.

Amy read part of the essay that a student who participated in last year's 4—Way Test program had

to say about how the program helped her understand how to make choices in difficult situations.

The essay was entered in a state wide essay contest. This is just one example of how our 4—Way Test program is helping students here in Macon County. **The volunteers should be at the school by 7:45 AM. Please see Amy to volunteer.**

**This our last 4—Way Test for the year with the Middle School students at MMS.**

## Vocational Talks at FHS

Rich Peoples announced that Franklin High School has requested Rotarian business and professionals members to do a twenty minute talk on your business or profession to the high school students. The talk is to center around the business / profession, what it takes to get started and how the business / profession helps the community and/ or the world. Rich will have further information and a sign up sheet at a upcoming meeting.



## Boy Scout Troop 202 Christmas Wreath Project



Boy Scout Troop 202 will be making Christmas wreaths as a fundraiser for the next two weeks before Thanksgiving. Any help would be appreciated. They will generally meet from 5-

8p week nights and on the weekends (as schedules allow). Work involves cutting branches, bundling and placing boughs, spraying, and hanging wreaths on racks to dry. Contact Scoutmaster Charlie for details: 828-421-7386. The cost of the wreaths: Plain—\$20; with Bow—\$25; with Bow & Pine Cones—\$30. See Mike Norris for sign-up sheet.



Be a gift to the world

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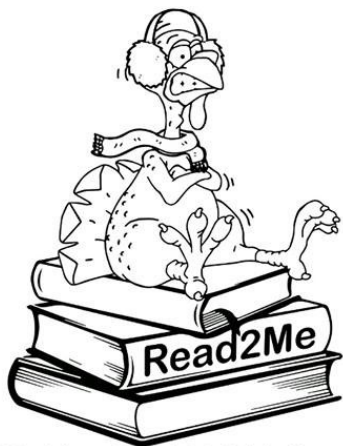
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**November is Rotary Foundation Month..** Now's the time to start making your plans to make your annual contribution to the Rotary Foundation. Look for a matching incentive program in the very near future if you contribute \$100 toward the Foundation. So if you are close to making a Paul Harris plus 1, 2 or even your first, this a great opportunity to get there. Plus it helps your club qualify for district and global grants to accomplish important service projects. See club foundation director Jim Garner today!



## GOLD TURKEY 5K

NOVEMBER 26, 2015 THANKSGIVING MORNING.

877 Ulco Drive Franklin, North Carolina.

A Franklin Holiday Tradition.

A portion of the entry fees will be donated to "Read2Me" program. Read2Me is a community initiative in Macon County, North Carolina, with the goal to put books into the hands of children. Read aloud to your child today!

**Race Entry Fees:** Cold Turkey 5K: \$20 (before 10/31) \$25 (before 11/22).

**RACE DAY:** \$30/\$15 without event shirt.

**Little Turkeys FUN! Run/Walk:** \$10 (before 11/22) **RACE DAY:** \$15.

**Race day registration starts at 8:00A.M..**

(Register by 11/20 to be guaranteed an event shirt. Event shirts are limited on race).



All pre-registered 5K racers will receive a draw string carry bag from Southern Charm filled with some "Race Goodies" -Example: PowerBar.



Bring 5 Children's Books and save \$5 off the race day entry fee of Cold Turkey 5K (\$25 entry fee)



**Raffle prizes:**  
Thanksgiving Dinners  
Baked Pies From Rosewood Market of Highlands, NC  
(Raffle tickets can be purchased during Cold Turkey 5K)

**COLD TURKEY 5K/LITTLE TURKEYS FUN! RUN/WALK**  
877 Ulco Drive  
Franklin, N.C. 28734

For Race Info Call:

(828)421-7637

Cold Turkey 5K starts at 9:30AM  
Little Turkeys FUN! Run/Walk starts at 9:00AM.

## Flywheel Help Needed..Please!

Flywheel Editor Dick Pritts is looking for **volunteers to help produce the weekly Flywheel as well as a volunteer to be the main photographer at our meetings.** Dick

is looking for a couple of volunteers to be trained on the Publisher program used in producing the weekly Flywheel. Dennis Sanders has volunteered and Dick is looking for at least two more volunteers to join him and Dennis in the training. Dick has two volunteers to be back-up photographers but is looking for one lead photographer. Please email Dick at: [rdpritts@aol.com](mailto:rdpritts@aol.com) or call at: 828-349-9748.





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## The Rotary Club of Franklin Officers and Board Members 2015-16

District Governor: Billi Black

Assistant District Governor: Ken Nicholson

President: Sean Gibson

President-elect: Lenny Jordan

President-nominee: Judy Chapman

Secretary: Patsy Parker

Treasurer: John Barbee

Vocational Service: Karen Kenney

Community Service: Cindy Rodgers

Youth Service: Amy Manshach-Chair/Larry Hollifield-Co-Chair

International Service: Stacy Guffey

Foundation Chair: Jim Garner

Membership Chair: Linda Harbuck

Program Chair: Vic Perry

Public Image Chair: Debbie Tallent ...Flywheel Editor: Dick Pritts

Sgt. At Arms: Jacob Reiche

Immediate Past President: Susie Ledford

*Thanks for all you do in service!*

## Next Meeting

Wednesday Decem-

ber 2nd—Club As-  
sembly..See You 12  
Noon Tartan Hall



## Upcoming Events



Nov 19—Pack Back Fillat CareNet 4-6p

Nov 20—4—Way Test at MMS

Nov 25— No Meeting—Happy Thanksgiving

Dec 2—Club Assembly

Dec 8—Christmas Party at Post & Beam  
530p/630p

Dec 9— No Meeting

## 50/50 Drawing

1 Ticket —\$1.00

3 Tickets —\$2.00

5 Tickets —\$3.00

10 Tickets—\$5.00

25 Tickets—\$10.00



### 50 50 Drawing



For a second week in a row Fred Drexler did not win the \$101 pot so it rolls over to next week with 8 cards. Time to buy tickets and

grow the pot!

Rotary  
Club Of Franklin