

CART FUND AND HOW IT'S HELPING IN ALZHEIMER'S RESEARCH BY JOHN SHORT



Past District Governor Bill Shillito, Executive Director of the District Cart Fund, was introduced at the September 18th Franklin Rotary club meeting by Rotarian Wayne Swank. Bill told the club how the district cart fund was helping fund research in finding a cure for Alzheimer's which is a shrinking of the brain and loss of or damage to the neurons.

Bill is a Past District Governor of District 7670 from 2007-2008. He served 22 years in the U.S Army. While in the Army he received his bachelor and master's degree's. During his time in service he served a tour in Vietnam as a pilot and logged 1000 hours flying

time. After his return from Vietnam he taught economics, finance and accounting for 3 years at West Point. During his career he received numerous awards and citations. He retired from the Army in 1992 at the rank of Major. He then moved to

Hickory N.C where he worked as an investment consultant. Bill said where most organizations have only a percentage of there funds going to a specific cause, the Cart Fund provides 100% of it's funds to fund cutting edge research in finding a cure for Alzheimer's. The Cart Fund started in District 7770, around the Myrtle Beach area. A gentleman saw his loved one die of Alzheimer's and decided something had to be done to stop this dreadful disease because, at that time, nothing was being done to find a cure. Alzheimer's can only be confirmed through an autopsy.



Bill mentioned 3 words which describe the Alzheimer's patient. The first being wan-



dering- when patients become uneasy they wander; second being sun downing- when the sun starts to set the patient becomes the most agitated; the third word being elopement- where a patient will do whatever they can to escape the place they are in. The District Cart Fund awards a \$250,000 grant each year to cutting edge research, which is highly competitive. The committee looks at all applications and determines which research project they feel has made the most strides in helping find a cure. The first grant was awarded in 2001 to Case Western Reserve for their research. Researchers are studying how to get treatments through blood brain barriers to boosting the immune system where the body can fight off things in our bodies which can cause Alzheimer's. Age affects the onset of Alzheimer's because our immune systems get weaker. When asked how Alzheimer's affects men and women, Bill said studies showed there was no difference between men and women being prone to getting Alzheimer's. Wayne Swank also talked about how this dreadful disease has touched his family. When you see those

blue buckets next week put in a donation. Hopefully by doing so we can all play a part in helping find a cure for Alzheimer's. For more information on the C.A.R.T. Project see club chair Wayne Swank.





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Rotary Club of Franklin at the Fair.... a Success!



Thanks to all who helped work the commercial booth at the Macon County Fair September 11th-15th. Special thanks to Youth Services Chair Larry Hollifield and PE Susie Ledford. Our educational booth picked up a red ribbon too! (great collage IPP Dills!)



Larry Hollifield, Youth Services Chair, reports on the final results of the Rotary booths at the Macon County Fair.

Larry thanked those who helped man the booths our club had at the Macon County Fair last

week. He indicated that there were just four Interact members who were able to help. The Purple Pinky booth raised \$220 for the Polio Plus campaign.



Membership Minute

This is the second official posting for Amy Manshack being proposed for club mem-

bership by Rotarian Sandy Frazier. If anyone has any questions or concerns on Amy's membership application please see President Nancie or any board member.





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Nancie's Notes

Thanks so much to those who volunteered this past weekend at our "Purple Pinky" booth at the Macon County Fair. We raised over \$200 for Polio Plus. Our Rotary Club of Franklin educational booth also won a Red Ribbon, so our first time at the Fair (at least in several years) was very successful! Fred Berger and Demi Bray will continue over the next few weeks to talk to the Club about Polio Plus and we will wrap up that project by the end of October. There will be a "Polio Plus" envelope at the secretary's desk each week for you to place your donation. If you wish to have your donation count towards your Foundation points, please either make your donation via check or let Treasurer Fairley know if you donate cash.

Thanks to PDG Bill Shillito for a great program on the CART fund today. CART is a program that gives 100% of monies donated to Alzheimer's research, and a program that our Club will continue to focus on during this Rotary year.

Next week we will honor the Principal and Teacher of the Year for Macon County. Youth Services Committee member Gary Shields and School Superintendent Chris Baldwin, also a Rotarian in our Club, will present our Club's Rotary plaques to these two fine educators during our Club meeting.

Please remember to keep our Club's Past President Cardy White in your thoughts and prayers as she continues to recover from a fall she suffered early this Summer. Also our thoughts and prayers are with Rotary Club of Franklin honorary member Roger Collar and his wife. The Collars had to return to their Tallahassee home earlier than they had anticipated due to some health issues both of them were facing. Roger has been a "Summer member" of the Rotary Club of Franklin since 2001.

Sgt. Bill's "THIS DAY IN HISTORY" from Club Sgt. At Arms Bill McGaha



Rotary History

Bill gave some of the history in reference to the admittance of women into Rotary clubs. Women were first admitted into Rotary in 1989 and before that RI constitution and by-laws that candidates for membership needed to be male. In 1950 there was a proposal to RI to remove the reference to "male" as a requirement for membership. It failed to pass. In 1964 members from India submitted a proposal to RI for admitting women into Rotary clubs and that proposal failed as well. Again in 1972 and 1977 proposals to admit women failed. In 1983 a club in California sued RI and the court ruled in RI's favor, the appeals court ruled against RI and the case was taken to the Supreme Court. The SC ruled that RI could not rule membership acceptance out based on gender of the candidate. In 1990 there were 20,000 women in RI and by 2011 there were 197,000 women members worldwide.

On this day September 18th

1793—George Washington lays the cornerstone of the U.S. Capitol

1947—The United State Air Force is established

1984—Retired Air Force colonel Joe Kittinger becomes the first person to complete a solo balloon flight across the Atlantic

Clayton's Corner

More Undeniable Adult Truths Part Four

1. I love the sense of camaraderie when an entire line of cars team up to prevent a jerk from cutting in at the front. Stay strong, brothers and sisters!



2. Shirts get dirty. Underwear gets dirty. Pants? Pants never get dirty, and you can wear them forever.

3. Sometimes I'll look down at my watch 3 consecutive times and still not know what time it is.

4. Even under ideal conditions people have trouble locating their car keys in a pocket, finding their cell phone, and Pinning the Tail on the Donkey - but I'd bet everyone can find and push the snooze button from 3 feet away, in about 1 .7 seconds, eyes closed, first time, every time.





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We are ordering Shirts Again!

The Rotary Club of Franklin is putting a shirt order together. The shirts will be polo's and easy wear dress shirts in a variety of colors. This is a great opportunity for you to purchase a shirt as well as existing members who would

like to get some additional ones. Costs will be around \$32 per shirt. See PE Susie if you are interested in ordering a shirt and sign up today!

Second 5th Week Social is Coming Soon!

Our second 5th week social has been scheduled for Wednesday October 30th at Chris and Charlie's on the Highlands Road 5pm. Please come for good food and fellowship...see you there!

Let's Go See the Catamounts!



We are doing another football Saturday get together.

If you are a new member and would like to attend the WCU game versus Elon on 10/26, Rotarian Karen Kenney will be hosting a group to go to the game. Please see Karen or PN Sean Gibson if you'd like to attend.

September is New Generations Month



It is the responsibility of each Rotarian to prepare the New Generations by improving their life skills to ensure a bet-

ter future, while recognizing the diversity of their needs. All clubs and districts are encouraged to undertake projects that support the fundamental needs of the New Generations: health, human values, education, and selfdevelopment. The RI Structured Programs for New Generations are Interact, Rotaract, Rotary Youth Leadership Awards, and Rotary Youth Exchange.

A club's involvement in youth programs not only can help attract younger prospective members who have families, but also can lead to increased satisfaction and retention amount current members, who gain a sense of fulfillment by working with your people. As an added benefit, involving the community's youth in Rotary's programs and service projects teaches them about Rotary's extraordinary work and prepares them to become the Rotarians of tomorrow.



Fred Burger lays out the goals for our Club's Polio Plus campaign.

Fred indicated that the goal is to raise \$1000 for Polio Plus by the end of this October. Members donations goes towards their Foundation membership

tally. Fred pointed out that until recently the number of cases of polio were at 150. Then that number increased quickly to 250 when an individual who was not aware that they had the polio virus in them went to a village in East Africa and infected a hundred more individuals. Fred commented that this why we need to wipe out Polio for good.





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The Rotary Club of Franklin Officers and Board Members 2013-14

District Governor: Ronnie Thompson Assistant District Governor: Jodie Cook President: Nancie Wilson President-elect: Susie Ledford President-nominee: Sean Gibson Secretary: Patsy Parker Treasurer: Fairley Pollock Vocational Service: Lenny Jordan Community Service: Judy Chapman Youth Service: Larry Hollifield International Service: John Henning and Sandy Frazier Foundations Chair: Jim Garner Membership Chair: Linda Harbuck Program Chair: Debbie Tallent Public Relations Chair: Dick Pritts/Sean Gibson Sqt. At Arms: Bill McGaha Immediate Past President: Gary Dills Thanks for all you do in service!



1 Ticket —\$1.00 3 Tickets —\$2.00 5 Tickets —\$3.00 10 Tickets—\$5.00 25 Tickets—\$10.00

Rotary Service for Next Week's Meeting 9/25 Greeter: Demi Bray Prayer/Pledge/4 Way Test: Wayne Swank

Flywheel Lineup for 2013-14

Thanks to those volunteering in helping with the Flywheel. Demi Bray has agreed to write the first week of each month and the fifth week. John Short will be third week and Tom Coley fourth week. Debbie Tallent is our photographer for next year. If anyone would like to write the week two meetings please see club PR Director Dick Pritts.

50 50 Drawing

Donnie Abel was not able to pull the winning card so the \$61 pot rolls over for next week. Good luck to whoever pulls the winning number next week as the pot starts to grow again.

Next Week's Meeting September 25th: (Barium Springs with John Short-host) See you at Noon at Tartan Hall....





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TIME	EVENT NAME	
<u> </u>		LOCATION / COMMENTS
September - New Generations Month		
2:00P	Barium Springs with Autumn Weil	John Short has the program. Demi Bray is Greeter Tartan Hall
October - Vocational Service Month		
2:00P	Polio Plus w/Arnold Howell	Demi Bray has the program. Larry Hollifield is greeter.
5:30P	Board Meeting	тва
2:00P	Interact Club w/Larry Hollifield	Tartan Hall
2:00P	Little Tennessee Land Trust with Chris Brower	Stacy Guffey is host at Tartan Hall, Bill McGaha is Greeter.
2:00P	Club Assembly	Tartan Hall
5:00P	5th Week Social	Chris and Charlie's Restaurant, Highlands Rd.
November - Rotary Foundation Month		
2:00P		Tartan Hall, First Presbyterian Church, 26 Church St., Franklin NC
5:30P	Board Meeting	Motor City Cafe'
2:00P	WING RADON PRODUCTION WITH POUND GIDSON	Greg Farrell is host at Tartan Hall and Gerry Camelo is greeter
2:00P	Free Wheelchair Missions w/Jim Hardy & Duncan	Tartan Hall
2:00P	No Meeting-Happy Thanksgiving!	{enter event location here}
December - Family Month - Happy Holidays		
5:30P	Board Meeting	ТВА
2:00P	Children's Christmas Party	Tartan Hall
2:00P	Caroline's Perform	Clayton Ramsey is host at Tartan Hall
2:00P	No Meeting, Merry Christmas!	{enter event location here}
January - Rotary Awareness Month		
2:00P	No Meeting, Happy New Year!!	{enter event location here}
2:00P	Club Assembly	Tartan Hall, 1st. Presbyterian Church
	2:00P	2:00P Barium Springs with Autumn Weil October - Vocational Service / 2:00P Polio Plus w/Arnold Howell 5:30P Board Meeting 2:00P Interact Club w/Larry Hollifield 2:00P Little Tennessee Land Trust with Chris Brower 2:00P Club Assembly 5:00P Sth Week Social November - Rotary Foundation 2:00P Rotary Foundation With Jim Garner 5:30P Board Meeting 2:00P WNC Radon Program with Phillip Gibson 2:00P Free Wheelchair Missions w/Jim Hardy & Duncan Wheale 2:00P No Meeting-Happy Thanksgiving! December - Family Month - Happy 5:30P Board Meeting 2:00P Children's Christmas Party 2:00P Caroline's Perform 2:00P No Meeting, Merry Christmas! January - Rotary Awareness A 2:00P No Meeting, Happy New Year!!

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