



BE THE INSPIRATION

FLYWHEEL

Weekly Online Newsletter of The Rotary Club of Franklin, NC

March 27, 2019

Chartered 10 November 1927 ~ District 7670 ~ Club 6013 ~ We Meet Wednesdays at Noon at the First Presbyterian Church

HOME DELIVERED MEALS

by John Hubsch

Mike Watson introduced today's program speakers, Jennifer Hollifield, Administrative Officer, and Deborah Ballew, Nutrition Project Coordinator, with the Macon County Seniors Services office here in Franklin. They provided information about the county's Home Delivered Meals program, which provides a vital service to homebound seniors. Every day, Monday through Friday, they deliver hot lunches prepared by Angel Medical Center to needy seniors in Franklin and Highlands. These meals are delivered by volunteers in their personal vehicles. The meals are also served to seniors (over 60 years old) who are able to get transportation to the Senior Center. These meals are called Congregate Meals because the people are able to participate in other activities while at the center.

About 8,360 hours were donated to this program by volunteers in 2018. Over 18,000 meals were delivered/served to seniors in Macon County in 2018. There are specific state-mandated nutrition requirements for these meals as far as calories and vitamin content. The program is funded jointly by Federal, State and local agencies. The average age of participants is 84. North Carolina was 2nd in the country last year in food insecurity (lack of food). We also learned that in 2019 there are more people living in North Carolina over the age of 60 than those younger than 17.



More volunteers are desperately needed for this worthwhile program. If you are interested go to 108 Wayah Street or call 828-349-2058. Be an Inspiration!

FUTURE LEADERS



Patrick Betancourt and **Bill Swift** as seen at PETS Training this weekend. Bill Swift gave an amazing update on PETS Training, and reminded everyone that \$8.34 per week can help clubs qualify for EREY.



Rotary Member Mario LaPoma made a donation to **CART** in honor of club member Wayne Swank

We packed 216 backpacks for CareNET



MARCH 30

Honoring Vietnam Veterans
SMCFTPA , 11 AM

APRIL 3

Community Care Clinic

APRIL 5

Interact Powder Puff Football

APRIL 8

New Member Orientation
Rathskellar, 5 PM

APRIL 10

Shaw Plant Operations
Chad Christman

APRIL 17

Randy Eaton
WCU Athletic Director

APRIL 24

WCU Nursing Students

APRIL 26-29

All Clubs District Conference
Greenville, SC

MAY 1

Rickman Kickoff

MAY 4

Scholar Banquet
Tartan Hall

MAY 8

Exchange Student from
France

MAY 15

Russell Bowling
Elder Care Issues

Fred's Funnies

Paraprostdokians

Paraprostdokians are figures of speech in which the latter part of a sentence or phrase is surprising or unexpected and is frequently humorous. (Winston Churchill loved them).

- 1.. Where there's a will, I want to be in it.
- 2.. The last thing I want to do is hurt you ... but it's still on my list.
- 3.. Since light travels faster than sound, some people appear bright until you hear them speak.
- 4.. If I agreed with you, we'd both be wrong.
- 5.. We never really grow up -- we only learn how to act in public.
- 6.. War does not determine who is right, only who is left.
- 7.. Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad.
- 8.. To steal ideas from one person is plagiarism. To steal from many is research.
- 9.. I didn't say it was your fault, I said I was blaming you.
10. In filling out an application, where it says, "In case of emergency, notify..." I answered "a doctor."
11. Women will never be equal to men until they can walk down the street with a bald head and a beer gut, and still think they are sexy.
12. You do not need a parachute to skydive. You only need a parachute to skydive twice.
13. I used to be indecisive, but now I'm not so sure.
14. To be sure of hitting the target, shoot first and call whatever you hit the target.
15. Going to church doesn't make you a Christian; any more than standing in a garage makes you a car.



Rotary Next week:

Greeter:

Judy Chapman

Prayer/Pledge/4WT:

John Short

Upcoming Programs:

April 3:

Community Care Clinic

April 10:

Shaw Plant Operations